

# Kitchens



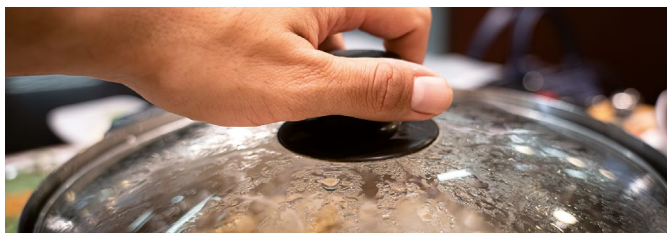
**Lots of moisture producing activities happen in our kitchens such as cooking, washing clothes, drying dishes and mopping hard floors. All of this moisture can escape into other parts of the home and contribute to condensation mould forming. Follow our tips below to reduce the risk of condensation mould.**

- Keep the kitchen doors closed during cooking activity.
- Cover pans with lids and dispose of any used cooking liquids as soon as possible.
- Use extractor fans when cooking and for a short time after until all the steam has cleared.
- Ensure fan grilles are clean and free from dust/grease.
- Open windows slightly more than the half latch for a short period (1 to 2 mins) following high moisture producing activities this will allow adequate fresh air transfer without losing heat from the room. As a rule of thumb, if the room gets too cold, you've had the window open for too long.
- Use heating in the kitchen as warmer air will hold the moisture for longer allowing time for ventilation to swap wet air with dry.
- Keep surfaces as dry as possible.
- When mopping floors make sure mops are rung out and floors dried as much as possible, try to keep the temperature of the room steady so that the evaporating liquid from the floor doesn't come to rest on any of your walls or other surfaces.
- Use specific mould cleaning products ensuring product guidance is followed.

## Encouraging Airflow

To reduce the level of condensation within the kitchen, dry air needs as much space as possible to move around. You can encourage this movement of air by keeping the worktops and other flat surfaces, such as the top of cupboards, as clear as possible.

Another hotspot for condensation mould is at the back of the kitchen cupboards. The back of the cupboard tends to be cold because warm air cannot reach it through the closed doors or circulate around the items stored in there. Making sure that your cupboards are not too full will help the air reach the back of the cupboard and reduce the chances of condensation forming there.



### Further information

Please visit our website: [www.platformhg.com/damp-and-condensation-mould](http://www.platformhg.com/damp-and-condensation-mould) for further guidance and advice.

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