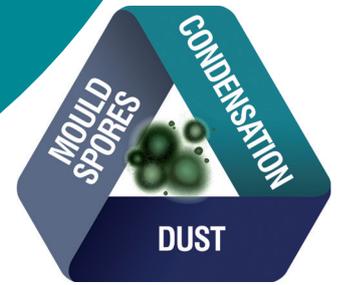


Bathrooms



Bathrooms are a high risk area for condensation and mould because of all the high moisture activities that take place there. Washing, bathing and drying damp towels all release moisture into the air. Follow the tips below to keep on top of condensation and reduce the likelihood of mould forming.

- Keep doors closed during bathing and showering.
- Use extractor fans when bathing/showering and for a short period afterwards until the steam has cleared.
- Open windows slightly more than the half latch for a short period (1/2 mins) following high moisture producing activities - this will allow adequate fresh air in without losing heat from the room.
- As a rule of thumb, if the room gets too cold, you have left the window open for too long.
- When running a bath, add the cold water first to reduce steam.
- Do not leave used water in baths following use.
- Use heating in the bathroom as warmer air will hold the moisture for longer allowing time for ventilation to swap wet air with dry. Don't block the radiators or heaters by standing things in front of them.
- Keep surfaces dry.
- Keep your bathroom as dry as possible to prevent mould forming. After bathing/showering, dry your bath, sink and other wet surfaces using squeegees/sponges that can be rung out, and hang your towels and bathmats.
- Keep toiletries and cleaning products that aren't used regularly in your cupboard.
- Large numbers of bottles sitting out on your shower tray around your bath or in windows, will prevent successful wipe down and it will be harder for you to notice that mould is forming.
- When cleaning your bathroom, clear aside toiletries and check the area for mould.
- Change shower curtains regularly to help eliminate dormant mould spores and reduce the chances of mould returning.

